

**6TH WORLD CONGRESS
ON REGIONAL ANAESTHESIA
& PAIN MEDICINE**

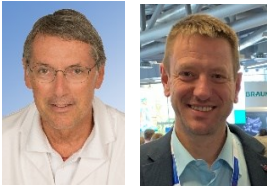
Joint meeting with
**THE 40TH ESRA
ANNUAL CONGRESS**
esraworld2023.com

6—9.SEP
2023
PARIS, FRANCE



CADAVER WORKSHOPS

PARIS 2023



Dear Workshop Leaders,

First of all, we would like to thank you for your willingness to lead a cadaver workshop at the 6th World Congress on Regional Anaesthesia and Pain Medicine.

In the following we would like to give you some organizational remarks.

Each workshop lasts 3 hours, consisting of 6 stations with a max. of 6 participants per station. Hence, there is a rotation every 25 minutes. This change is indicated acoustically. Due to legal regulations, no dissected cadavers are allowed for workshops in France. Therefore, there will only be **fresh frozen whole body cadavers**, with one demonstrator per station. Ultrasound is available at all stations.

The main objective is to briefly demonstrate 1-2 typical nerve blocks, afterwards participants should carry out blockades themselves. Needles and syringes are available, and it is allowed to inject water into the fresh cadavers.

The demonstration should be more clinically oriented. This means that the typical blocks for standard operations are explained and that the anatomy applied to that particular block(s) should be highlighted - effect of various anatomical structures (bone, fascia, inter muscular spaces, etc.) on LA spread, avoidance of other structures (vascular, pleura, neuraxial, etc.) important for safe performance of the block, which certainly also promotes discussion between demonstrator and participants.

Please contact the demonstrators in your workshop to assign them to the stations according to their preferences.

Workstation 1: Upper limb blocks

ISB, SCB, AxB, cervical plexus (Supine Position)

Workstation 2: Upper Limb and chest blocks

ICB, IPPB/PSPB (PECS), SAPB (Supine Position)

Workstation 3: Thoracic trunk blocks

tPVB, ESP, ITP (Prone Position)

Workstation 4: Abdominal trunk blocks

TAP, RSB, IH/II (Supine Position)

Workstation 5: Lower limb blocks

SiFiB, PENG, FEMB, FTB, Adductor Canal, Obturator (Supine Position)

Workstation 6: Lower limb blocks

QLBs, proximal and distal sciatic B, iPACK (Lateral Position)

At least 1 experienced anatomist is available for backup in unclear anatomical conditions. Likewise, an ESRA employee is always there.

Furthermore, you should welcome all participants briefly at the beginning of the workshop and explain the schedule. In order to run the workshop as smooth as possible we would suggest to give the demonstrators a 2 minutes warning before the end of each 25 min session to allow them to finish the discussion and actually move the participants from one station to another. Refreshments are offered during the 30 min break after the 3rd group change – in the middle of the workshop.

Workshop Address?

Ecole de Chirurgie
8/10 Rue de Fossés Saint Marcel
75005 Paris

How to get to the Workshop?

By Metro from Le Palais des Congrès de Paris

35min

Station **Neuilly - Porte Maillot line M1** (direction of Château de Vincennes)
Change at **Palais Royal - Musée du Louvre** into **line M7** (direction of Villejuif-Louis Aragon) get off at **Censier-Daubenton** → 5min by foot

or

45min

Station **Neuilly - Porte Maillot line M1** (direction of Château de Vincennes) → change at **Bastille** into **line M5** (direction Place d'Italie) → get of at **Saint-Marcel** → 9min by foot

Thanks to their help, the cadaver workshop will surely be a complete success.

Again, a big THANK YOU for your generous help!

Sincerely,


Paul Kessler


Peter Merjavý